



JOIN THE VOICES FOR RECOVERY:

OUR FAMILIES,
OUR STORIES,
OUR RECOVERY!



National Recovery Month (Recovery Month) increases awareness and understanding of mental and substance use disorders and encourages individuals in need of treatment and recovery services to seek help. **Recovery Month** celebrates people in long-term recovery and recognizes the dedicated workers who provide the prevention, treatment, and recovery support services.

The 2016 **Recovery Month** theme, “*Join the Voices for Recovery: Our Families, Our Stories, Our Recovery!*” highlights the importance of families, communities, and individuals sharing stories of recovery to encourage others to seek treatment, share their stories, and make a personal connection with the recovery movement.

Resources and activities for this year’s **Recovery Month** observance will include:

- A toolkit for **Recovery Month** event organizers and attendees, with media templates, current data on behavioral health conditions, resources for prevention, treatment, and recovery support services, and tips for event planning and community outreach
- A national **Recovery Month** kickoff in September 2016 in Washington, D.C.
- SAMHSA-produced television and radio public service announcements.

Please contact the **Recovery Month** team at RecoveryMonth@samhsa.hhs.gov for more information.

The **Recovery Month** website (<http://www.recoverymonth.gov/>) provides printable materials, web, television, audio, and social media resources to help communities plan events, educate individuals about mental and substance use disorders, and to encourage individuals to seek treatment and recovery services.

- Read and share recovery stories: <http://www.recoverymonth.gov/personal-stories>
- Find and post recovery events in the community: <http://www.recoverymonth.gov/events>
- Watch the Road to Recovery television series: <http://www.recoverymonth.gov/road-to-recovery>
- Download web banners and logos to promote **Recovery Month**: <http://www.recoverymonth.gov/promote/banners-logos-flyers>

FOLLOW RECOVERY MONTH ON SOCIAL MEDIA

FACEBOOK

<http://www.facebook.com/RecoveryMonth>

YOUTUBE

<http://www.youtube.com/RecoveryMonth>

TWITTER

<http://www.twitter.com/RecoveryMonth>

