

JACS Spiritual Day

How It Works! - Chapter 5 of the Big Book

Sunday January 10, 2016

Time	Meeting	Room
9:15- 9:55AM	Registration Sign up for your workshops	Lobby
10:00 – 10:15 AM 10:15-10:45AM 10:45-11:00	Welcome Big Meeting, keynote: Rabbi Dr. Twerski Closing & House Keeping Notes	1 st floor meeting room
11:15M – 12:15PM Choose one of the following workshops	How it works... Now what? 12 Step Meeting AA, NA, GA, OA, Al-Anon	1 st floor meeting room
	Parenting Recovery	5 th floor meeting room
	ACOA Meeting “Adult Child Under Construction”	Lower level meeting room
12:20 -1:15PM	LUNCH	
1:15 – 2:15PM Choose one of the following workshops	Women’s Meeting Blueprint for tomorrow; Making it a lifetime's work	5 th floor meeting room
	Men’s Meeting Blueprint for tomorrow; Making it a lifetime's work	1 st floor meeting room
	Guided Meditation	Lower level meeting room
2:20-2:45PM	Closing	1 st floor meeting room

Please be considerate, if your baby is not sleeping, it can't be in the meeting.

Thank you to our host:

Thank you to our Sponsor: