

INTERVENTION

Where *Addiction* Meets Its Match

Spiritual Fitness

Spiritual fitness seems to be a word that is used often but not really defined. Here we will explore the *basic* components of spiritual fitness, address the myths of, and answer questions that sometimes still baffles so many such as:

- What is spiritual fitness?
- What does it mean?
- What does it look like?
- Who can be spiritually fit?
- How can I become more spiritually fit?

Wednesday, September 16th 6:30p.m.– 8:00 p.m.

Presented by Marla Looper

Board Certified Interventionist & Recovery Coach

First Lutheran Church

6400 State Line Rd.

Mission Hills, KS 66208

Free Event Space is limited. To reserve a space, call 913-624-9053 or go online [here](#)



Intelligent Interventions©

*For more information on how to raise awareness to the power of intervention,
email marlalooper@gmail.com or 913-624-9053*