

WHO SAYS,
"YOU CAN'T HAVE A **FREE LUNCH?**"



YOU HAVE AN OPPORTUNITY TO EXPERIENCE
LUNCH AND SUPPORT FOR A
HEALTHY WORKFORCE



Keeping the workforce safe and healthy is critical to improving business productivity and financial performance as well as employee satisfaction.

Join the Twin County Prevention Coalition for the **FREE** training.

Tuesday, September 29, 2015
9:00am – 2:00pm
Crossroads Institute
Galax, VA

Creating a Healthy Food Atmosphere in the Workplace:

Tracie Vaughan, RN, BSN, CDE, Twin County Regional Hospital

How to strengthen employee health and wellness through nutrition education, encouragement programs and community resources.

Making the Business Case for Breastfeeding:

Megan Williams, R.D., Mount Rogers Health District

*Discover **free** resources and equipment available to provide support for nursing mothers in the workplace.*

Battling Addiction in the Workplace:

Robyn Dillon, Blue Ridge Fellowship

Resources for Help and Hope.

Substance Abuse in the Workplace:

Deborah May, Life Center of Galax

How to keep your work environment safe, increase productivity and lower costs.

RSVP Requested by 9/21/2015
to Debra Edwards at debra.edwards@vdh.virginia.gov or via
phone at 276-236-6127

Sponsored by The Community Partnerships for Healthy Mothers and Children Project