

## **“Stepping Stones” :30 Radio PSA**

**(:01)**

**Audio:** “At times, the path to recovery from a mental and substance use disorder may be unclear.”

**(:06)**

**Audio:** “At times the path may be rocky.”

**(:10)**

**Audio:** “At times the path may be wandering.”

**(:12)**

**Audio:** “But laying a strong foundation with the support of others...”

**(:16)**

**Audio:** “... makes all the difference.”

**(:19)**

**Audio:** “For information on mental and substance use disorders, including prevention and treatment referral, call 1-800-662-HELP, or 4357.”

**(:26)**

**Audio:** “Brought to you by the U.S. Department of Health & Human Services.”