

# Show Taping 3/18/13 at 9 a.m. Supporting National Recovery Month

# **Show Topic:**

# Prevention and Early Intervention in Behavioral Health: Promising Practices

**Host**: Ivette A. Torres, Associate Director for Consumer Affairs, Center for Substance Abuse Treatment, Substance Abuse and Mental Health Services Administration, U.S. Department of Health and Human Services

#### **Invited Panelists:**

Kristen Brennan, Executive Director, Fairfax Partnership for Youth; Richard Brown, Professor of Family Medicine, School of Medicine and Public Health, University of Wisconsin; Pierluigi Mancini, Ph.D., CEO, CETPA, Inc.; Gail Ritchie, Public Health Analyst, Center for Mental Health Services, SAMHSA.

# **Program Abstract:**

There is a strong consensus that prevention and early intervention for mental and substance use disorders is a highly effective public health strategy. Are we reaching young people with effective prevention messages? For young people and adults who show signs of having a mental or substance use disorder, are we able to intervene effectively and prevent a major problem from developing? What role can family and friends play in prevention and early intervention for mental and substance use disorders? One of the more promising developments in this field is the emergence of defined screening techniques to detect problems. When integrated into primary healthcare systems, school settings, and community-based programs, screening can lead to early interventions that can help individuals before problems arise. This show will examine the use of screening techniques in behavioral health care and point to the positive elements of screening, prevention practices, and intervention in the context of health reform.

#### **Key Questions:**

- Are we reaching young people with messages that help prevent mental and substance use disorders? Do young people understand the negative consequences of using substances?
- What is the need for screening to identify mental and substance use disorders?
- Why is screening important as a tool for increasing the number of people who receive treatment?
- Do mental and substance use disorders lend themselves to effective screening?
- Why is it appropriate for primary care physicians to screen their patients for mental and substance use disorders?
- How is a health and wellness strategy important for caregivers in helping those who have been screened for mental and substance use disorders and found to be at risk?
- What screening resources are available for colleges and university students?

# **Taping Location:** ICF Studio

530 Gaither Road, 5th Floor, Rockville, MD 20850 Contact: Jessica Fonoroff, 301–407–6559 Panelists should be at the studio by 9 a.m. for pretaping instructions, sound checks, and staging.

Show Air Date: June 5, 2013

Event will be archived online at <a href="http://www.recoverymonth.gov">http://www.recoverymonth.gov</a>.