

Show Taping 2/28/12 at 9 a.m.

Supporting National Recovery Month

Show Topic:

Partnering With Youth and Young Adults in Behavioral Health: To Live Happy, Healthy, and Productive Lives

Host: Ivette A. Torres, Associate Director for Consumer Affairs, Center for Substance Abuse Treatment (CSAT), Substance Abuse and Mental Health Services Administration (SAMHSA), U.S. Department of Health and Human Services (HHS)

Invited Panelists: Tami Bahr, LCSW/CSAC/ICS, Assistant Director, Connections Counseling, Board Member, Recovery Foundation; Jonathan Katz, LCSW, Director, Rita J. Kaplan Jewish Community Services, Jewish Board of Family and Children's Services of New York; Justin Riley, Director of Development and Public Relations, The C4 Group; Bridget Ruiz, M.Ed., Technical Expert Lead, Division of Systems Improvement, JBS International

Program Abstract:

The field of behavioral health has increasingly recognized the importance of addressing the needs of specific age groups with respect to both mental and substance use disorders. Teenagers (aged 12–17) and young adults (aged 18–24) are two age groups for which sensitivity to age is especially important in the practice of prevention, treatment, and recovery. What are the most effective approaches to preventing underage drinking and use of illicit drugs —including the nonmedical use of prescription medications—among youth? What mental, emotional, and behavioral problems are most commonly found in both teenagers and young adults and what are the most effective approaches to prevention and treatment? What are the specialized needs of youth in recovery from substance use, a mental health problem, or both? This show will address these important questions, examining the role of family, schools, and community. More and more, adults working in the field of behavioral health are listening to and partnering with youth in finding better ways to connect and help. This show will highlight innovative and evidence-based approaches to prevention of mental and substance use disorders in youth and young adults. Age-appropriate approaches in treatment and recovery such as recovery schools, recovery homes, and student assistance programs will also be presented.

Kev Questions:

- What are the most recent findings on how many youth aged 12–17 use illicit drugs in this country?
- What are the various types of mental disorders we see in young people?
- What is a "Prevention Prepared Community"?
- What is SBIRT and what are student assistance programs?
- How can primary healthcare providers help in screening young people for problems with alcohol?
- How can parents, professionals, and community members recognize signs of mental disorders in youth?
- How are young people today participating in managing their own recovery?

Taping Location:

ICF Macro Studio

11420 Rockville Pike, Rockville, MD 20852 Contact: Jessica Fonoroff, 240–747–4936 Panelists should be at the studio by 9am for pretaping instructions, sound checks, and staging.

Show Air Date: May 2, 2012

Event to be archived online at http://www.recoverymonth.gov.