



Show Taping 4/29/11 at 9 a.m. Supporting National Recovery Month

Show Topic:

Recovery Support: Collaboration, Coordination, and Recovery Management

Host: Ivette A. Torres, Associate Director for Consumer Affairs, Center for Substance Abuse Treatment (CSAT), Substance Abuse and Mental Health Services Administration (SAMHSA), U.S. Department of Health and Human Services (HHS)

Invited Panelists: Keith Humphreys, Ph.D., Professor of Psychiatry and Behavioral Sciences, Stanford School of Medicine, Department of Psychiatry; Beverly Haberle, Project Director, PRO-ACT; Joe Powell, Executive Director, Association of Persons Affected by Addiction; Thomasina Borkman, Professor of Sociology, George Mason University

Program Abstract:

While the first steps toward long-term recovery are major achievements for individuals with substance use and mental disorders, the next challenge is learning how to sustain recovery over time. Long-term recovery requires addressing the factors and conditions that contributed to the dependence in the first place. For many, recovery involves healing relationships, developing improved life skills, and attaining “emotional sobriety,” which makes it possible to contribute to their families and communities in healthy and meaningful ways. This show will examine the elements that contribute to long-term recovery and how advances in improved collaborations, service coordination, and recovery management have led to more effective systems of support. Effective models for providing this support, such as recovery-oriented systems of care (ROSC) and peer-to-peer support, will be discussed, along with the resources individuals can access to assist them at every stage of recovery.

Key Questions:

- How common are substance use and mental disorders?
- What is the need for treatment and recovery related to substance use and mental disorders in this country?
- What are the costs and consequences to society of substance use and mental disorders?
- Why is it important to connect recovery to overall health, housing, employment, education, and community inclusion?
- What are ROSCs and how can they be an effective tool in sustaining long-term recovery?
- What supports and services are available to help individuals sustain their recovery?
- What are peer recovery support services?
- What factors and life changes can help an individual sustain his or her recovery?
- How can family and friends support someone in recovery?
- What guidance can be provided to help someone prevent relapse?

Taping Location:

ICF Macro Studio

11420 Rockville Pike, Rockville, MD 20852

Contact: Jessica Fonoroff, 240-747-4936

Panelists should be at the studio at noon for pretaping instructions, sound checks, and staging.

Show Air Date: June 1, 2011

Event to be archived online at <http://www.recoverymonth.gov>.