



Show Taping 2/2/12 at 9 a.m. Supporting National Recovery Month

Show Topic:

Families Are the Frontline: Preventing, Treating, and Recovering From Substance Use and Mental Disorders

Host: Ivette A. Torres, Associate Director for Consumer Affairs, Center for Substance Abuse Treatment, Substance Abuse and Mental Health Services Administration (SAMHSA), U.S. Department of Health and Human Services (HHS)

Invited Panelists: Frances M. Harding, Director, Center for Substance Abuse Prevention, SAMHSA, HHS; Nancy K. Young, Ph.D., Executive Director, Children and Family Futures; Erica Asselin, Family Support Specialist, Square One, FRESH Start; Kim Sumner-Mayer, LMFT, Ph.D., Senior Advisor, Center on Addiction and the Family at Phoenix House

Program Abstract:

It is well-understood that prevention, treatment, and recovery in behavioral health requires a multifaceted approach in which individuals, families, schools, and communities all play a vital role. This show will focus on one of these critical success factors: families. Whenever a family member—parent or child—is experiencing a mental or substance use health problem, the response should involve the entire family. A strong family support environment is a proven protective factor in the prevention of mental or substance use disorders, just as strong family support is critical in treatment and recovery. How can we break the cycle of addiction in which the child follows the parent into addictive behavior? Many children in foster care are in the foster home because of parental addiction; how can these children be best supported in leading healthy and productive lives? How can we break the cycle of intergenerational trauma and mental health outcomes? How can we educate families to best support a loved one experiencing a mental disorder? This show will cover a range of family-based approaches and programs that demonstrate the importance of families being on the frontline of behavioral health for all family members.

Key Questions:

- How can family members recognize the signs of mental or substance use disorders in a family member?
- What is the impact on the family when a family member has a substance use disorder?
- What is the impact on children in the family when one or both parents have a mental or substance use disorder?
- What is “family therapy” and why is it important to involve the family in treatment and recovery for mental or substance use disorders?
- What challenges do families face in accessing behavioral health care services?
- What resources are available to families to find health insurance coverage and low-cost care?
- What other resources are available to families dealing with a mental or substance use disorder in a family member?

Taping Location:

ICF Studio

11420 Rockville Pike, Rockville, MD 20852

Contact: Jessica Fonoroff, 240-747-4936

Panelists should be at the studio by 9 a.m. for pretaping instructions, sound checks, and staging.

Show Air Date: June 6, 2012

Event will be archived online at <http://www.recoverymonth.gov>.