



## Show Taping 12/12/11 at 9 a.m. *Supporting National Recovery Month*

### Show Topic:

*Research to Practice: How Advancements in Science Are Helping People With Mental and Substance Use Disorders*

**Host:** Ivette A. Torres, Associate Director for Consumer Affairs, Center for Substance Abuse Treatment (CSAT), Substance Abuse and Mental Health Services Administration (SAMHSA), U.S. Department of Health and Human Services (HHS)

**Invited Panelists:** H. Westley Clark, M.D., J.D., M.P.H., CAS, FASAM, Director, Center for Substance Abuse Treatment (CSAT), Substance Abuse and Mental Health Services Administration (SAMHSA), U.S. Department of Health and Human Services (HHS); A. Thomas McLellan, Ph.D., Director, Center for Substance Abuse Solutions, University of Pennsylvania; Alexandre B. Laudet, Ph.D., Addiction and Recovery Scientist, Director, Institute for Research, Education and Training in Addiction's (IRETA's) Recovery Research Center; Candace Peterson, Ph.D., Associate Scientist, Evaluation Shared Service (ESS), University of Wisconsin Population Health Institute

### Program Abstract:

Scientific research in the fields of prevention, treatment, and recovery—as related to both mental and substance use disorders—has led to many exciting discoveries and insights. The practice of prevention, treatment, and recovery in behavioral health is increasingly becoming evidence-based by incorporating these scientific advancements. What steps are being taken to shorten the time between significant research findings and their dissemination to the field? What programs and initiatives are in place to help move research to practice? How can practitioners ensure they are taking advantage of the latest findings in behavioral health science? How are mental health consumers and peers partnering with the scientific community? This show will highlight examples of research findings that impact practice across diverse topics such as stage-wise treatment, motivational interventions, cognitive behavioral techniques, brain science, recovery-oriented treatment and services, self-directed care, peer support, and the strong impact of trauma in people's lives. The show also will focus on how practitioners contribute to science by generating data outcomes, participating in evaluation and services research, and sharing their experiences with others. Finally, this show will address how improvements in health information technology are supporting enhanced decisionmaking in behavioral health as well as the integration of behavioral and primary health care.

### Key Questions:

- What is “research to practice” all about? What does it mean for a practice to be “evidence-based”?
- What is “integrated treatment” for persons with co-occurring substance use and mental disorders?
- What is “trauma-informed care” for people with mental and/or substance use disorders?
- How are various organizations in the field of behavioral health working to disseminate important research findings to practitioners in their area of interest?
- How is SAMHSA's Strategic Initiative on Data, Outcomes, and Quality contributing to the goal of disseminating research findings to practitioners in behavioral health?
- How will advancement in health information technology influence practice in behavioral health care?

#### Taping Location:

#### ICF Macro Studio

11420 Rockville Pike, Rockville, MD 20852

Contact: Jessica Fonoroff, 240-747-4936

*Panelists should be at the studio by 9am for pretaping instructions, sound checks, and staging.*

Show Air Date: April 4, 2012

Event to be archived online at <http://www.recoverymonth.gov>.