



## Welcome US Psychiatric Rehabilitation Association!

In 1975, the US Psychiatric Rehabilitation Association (USPRA) developed and defined the practice of psychosocial/psychiatric rehabilitation. These established services are an integral component to community-based treatment and initially led the recovery movement. Today, with nearly 1,400 members, USPRA is the preeminent association advancing the practice of psychiatric rehabilitation and recovery.

USPRA's mission is to advance the availability and practice of psychiatric rehabilitation so that all individuals with a serious mental illness have access to the supports needed in order to recover. USPRA envisions a world in which individuals with mental illness and psychiatric disabilities recover to achieve successful and satisfying lives in the working, learning, and social environments of their choice.

USPRA chose to participate as a Planning Partner for **National Recovery Month** because they believe that the practice of psychiatric rehabilitation leads to recovery. They are committed to the growth of psychiatric rehabilitation in both quantity and quality, and to the universal availability of state-of-the-art psychiatric rehabilitation services for all individuals with mental illness who seek such services.

Studies show that individuals recover or significantly improve when provided the appropriate treatments and support systems. USPRA believes that supporting **Recovery Month** also identifies the growing understanding of recovery in mental health and the ability of individuals in recovery to actively participate in their home neighborhoods and communities.

USPRA held their annual meeting and educational conference in Minneapolis, MN over May 21-23, "A Lure to Effective Practice." USPRA offers a credential, the Certified Psychiatric Rehabilitation Practitioner (CPRP). The CPRP is a test-based certification that fosters the growth of a qualified, ethical, and culturally diverse psychiatric rehabilitation workforce dedicated to promoting recovery. Additional information regarding both USPRA conferences and the CPRP can be found at the Association's website, [www.uspra.org](http://www.uspra.org).



## Welcome Reach Out Recovery!

Reach Out Recovery's mission is to help remove the stigma of addiction and carry the message of hope for recovery. Reach Out Recovery's mission of education, awareness, and fundraising to restore the lives of everyone affected by addiction and positively impact communities worldwide is achieved through partnerships with corporations, agencies, foundations, the creation of films, and other media campaigns.

As a mother/daughter writer, journalist and film-making team, Reach Out Recovery wants to help change that disparity. The relentless negative attention focused on people with substance use disorders in the late stages of their disease reinforces the discrimination. People with substance use disorders are exploited for public entertainment, making it difficult for a national recovery movement.

Reach Out Recovery is dedicated to creating a new genre of media coverage and movies. This shift in media coverage directly impacts the 23 million people in various stages of recovery who need to be given the respect and dignity other chronic disease sufferers get without prejudice.

Addiction fails in comparison in securing funding for treatment and public support for families in recovery. Making addiction and recovery part of the national health and wellness dialogue could help to inspire a new attitude.

Recovery has many meanings to Reach Out Recovery; these include uniting families, restoring people to work, healthy relationships, and bringing joy back to one's life. Addiction is a family disease yet most families, and even those in need themselves, do not understand the true nature of their own suffering. The families of people with substance use disorders receive little to no treatment or support and may feel ashamed of their current dysfunctional situation. When recovery is evident, it truly feels like a miracle.

Visit Reach Out Recovery websites to learn more about their documentaries and work: [Reachoutrecovery.com](http://Reachoutrecovery.com), [Secretworldofrecovery.com](http://Secretworldofrecovery.com), [silentmajoritythemovie.com](http://silentmajoritythemovie.com), [authorleslieglass.com](http://authorleslieglass.com).



## Editor's Column



What a year this has been for *National Recovery Month* and how proud we should all be at what we have accomplished.

We are into the 23<sup>rd</sup> observance of *National Recovery Month* and I am overwhelmed by the continued enthusiasm and commitment to this celebration. This effort is truly an incredible miracle that happens each year because of the SAMHSA's Planning Partners collaboration and SAMHSA's continued support.

As we look around us, the need to be more efficient and frugal in our planning process and overall observance is apparent. I am confident that we will be able to find the wherewithal - with the help from all of our Planning Partners - to continue to develop exciting and provocative materials. In this newsletter, we highlight 3 new *National Recovery Month* Planning Partners that will assist in that goal: **Rockstar Superstar Project, US Psychiatric Rehabilitation Association, and Reach Out Recovery**. Each one of these groups offers a new dimension to our group and will bring a fresh perspective to the process. I hope that you continue to help SAMHSA identify new Planning Partner members – particularly those involved in recovery from both mental and substance use disorders.

In our next issue, we will be highlighting some of our new members who joined us for the first time in our September 2012 Planning Partner meeting – until then – be well and don't forget to post all of your 2012 *Recovery Month* events.

Peace,

Ivette Torres, MEd. MSc.  
Associate Director for Consumer Affairs  
Center for Substance Abuse Treatment/SAMHSA